

Our free burns support day is a well-being day with treatments including reflexology, back massage, hand massage Fish and chip lunch will be provided.

The event is open to anyone over the age of 16 who has experienced a burn, or is a relative of someone who has experienced a burn of any type and size at any age and has been treated at any hospital.

LUNCH

It is an opportunity to take part in activities and meet other people with similar experiences.

You are welcome to bring a friend or family member with you.

FRIDAY 14<sup>TH</sup> NOVEMBER 2025 11-2PM

## **2026 DATES**

FRIDAY 27<sup>TH</sup> MARCH 11-2PM

FRIDAY 17<sup>TH</sup> JULY 11-2PM

FRIDAY 27<sup>TH</sup> NOVEMBER 11-2PM





REFLEXOLOGY

**BACK MASSAGE**