## **Macmillan Information and Support Centre**

The Macmillan Cancer Information Service has been developed as a joint venture between Macmillan Cancer Support and the Queen Victoria Hospital.

We ensure people affected by cancer have access to good quality comprehensive and appropriate information and support.

The service is staffed by information professionals and supported by trained volunteers. Some of our volunteers have personal experiences of living with cancer.

Whether you have cancer yourself, care for a friend or relative, work as a healthcare professional or simply want to know more about cancer, our professional team are here to help you.

You do not have to be a patient of Queen Victoria Hospital to access this service.

## What we offer:

- We are a drop-in centre where people affected by cancer can get information.
- We are a listening ear for people who just want to talk.
- We are a library, with comprehensive information and internet access.
- We have a quiet room for private conversations
- We are here to help with completing forms and how to apply for benefits.
- We offer welfare benefits advice in conjunction with Citizens Advice Bureau
- We provide complementary therapies for people affected by cancer

## **Drop in service**

You don't need an appointment just drop in for a chat. You will find a friendly relaxed atmosphere and the time and space to share your concerns or ask questions.

You can also find us at the East Grinstead Library every 3rd Monday of the month from 2-4pm

## **Opening hours**

Monday to Friday 10am – 4pm (closed on Bank Holidays)

Tel No. 01342 414369

Email: cancer.information@qvh.nhs.uk

Out of hours support available at Macmillan Support Line:

0808 808 00 00

www.macmillan.org.uk

