Eye drops

Continue with your usual antiglaucoma drops (if any).

What to do if you experience any pain or discomfort

If you develop pain in the treated eye, take a painkiller such as paracetamol and apply a cold compress over the eye. To make a cold compress, put ice or crushed ice into a plastic bag and wrap with a moist flannel or tea towel (not dry). If it is too cold leave it for five minutes before applying it to your eye so that you don't give yourself frostbite. Apply to the closed eye, as required, for up to 15 minutes at a time.

If the pain persists, please do not hesitate to contact us.

If you have any questions or concerns please contact:

Eye emergencies only 9am – 5pm 01342 306782

Out of hours, bank holidays and weekends please call Ross Tilley Ward on 01342 414451 or Switchboard on 01342 414000

Follow-up appointment

Please make an appointment to be seen in the Glaucoma Clinic in the time period instructed.



If you'd like to find out how you can support QVH, please visit www.supportqvh.org



Please ask if you would like this leaflet in larger print or a different format.

Mr Gokulan Ratnarajan - Consultant Opthalmic Surgeon Issue 3 - ref 0529 Approved by the Patient Information Group Print Oct 2023 - Review Oct 2026

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Instructions for patients
following
Selective Laser
Trabeculoplasty (SLT)

Corneo-Plastic Unit

