



Keeping Abreast

Breast Cancer Reconstruction Support Group

**VOLUNTEERS & MODELS REQUIRED!**

Keeping Abreast is volunteer based support group set up at the Queen Victoria Hospital for women who have been referred here for surgery following breast cancer.

We run regular 'Show & Tell' evenings where ex-patients (models) who have already had breast reconstruction, show women contemplating surgery their results 'in the flesh' and answer any questions they may have about their operations. These informal evenings have proved to be very successful and have helped many women on their journey through breast reconstruction.

In order to continue this vital support we are now in urgent need of more volunteers to help organise or model at these events. As they are only run every two months it would only require a couple of hours of your time every other month. It is not essential to attend every meeting; and any help you could offer would be gratefully received.

Please help us to continue and build this very valuable support group. If you would like to volunteer contact Macmillan Breast Reconstruction Nurse Specialist **Pamela Golton** or **Rebecca Spencer** on:

**01342 414302**

[pamela.golton@qvh.nhs.uk](mailto:pamela.golton@qvh.nhs.uk) or [rebecca.spencer@qvh.nhs.uk](mailto:rebecca.spencer@qvh.nhs.uk)

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