

## **The Musculoskeletal (MSK) Physiotherapy Team at QVH**

**Alex Horsley BSc (Hons) mCSP mHCPC** graduated from University of Plymouth in 2011 and completed her junior rotations with Surrey and Sussex Health Care Trust before moving into a senior position in musculoskeletal outpatients. Since then Alex has spent 6 years working privately before moving back into the NHS as clinical lead for the Queen Victoria Hospital musculoskeletal physiotherapy service.

Alex has completed further training in acupuncture, Pilates and hydrotherapy and is currently studying therapeutic riding to enable children and adults with physical disabilities to access the benefits of horse riding and equine contact.

**Matthew Robinson Msc, BEng hons, BSc hons, CSP, HCPC** After a short career as a graduated engineer, Matt retrained as a physiotherapist, graduating in 2004 from Coventry University. Matthew completed his junior rotations at Birmingham Heartlands hospital, before moving to Coventry where he spent 6 years on specialist musculoskeletal rotations in a large teaching hospital assessing and treating wide variety, of spinal, upper and lower limb disorders as well as working with patients with a wide variety of rheumatological conditions. From 2012 onwards worked in a senior role at Rugby hospital as a musculoskeletal physiotherapist but also developing the service provided to people who had undergone total knee replacement surgery.

Matthew has completed further training in Pilates and has an interest jaw related pain having done training in temporomandibular joint disorders. He is also currently the CSP representative so enjoys being part of the pastoral care provided to members of his profession. ~

**Vince Meeker BSc (Hons) mCSP mHCPC** graduated from the University of Brighton in 2015. Following a brief sabbatical from the profession to work in East Sussex Adult Social Care Services, Vince completed his junior rotations at Surrey and Sussex health care trust before moving to a static junior MSK post at Queen Victoria Hospital in 2018. He moved into a senior position within the MSK team in December 2019. He is a facilitator for ESCAPE pain classes for back, hip and knee pain.



**Anna Johnston BSc (Hons), mCSP, mHCPC** qualified from the University of Southampton in 2011. She completed her junior rotations at East Surrey Hospital and joined the team at the Queen Victoria Hospital in October 2015 to specialise in musculoskeletal physiotherapy. She has further training in Sports Massage Therapy and in Matwork Pilates.



**Jo Dale BSc (Hons), mCSP, mHCPC** qualified from the University of Brighton in 1999. She has worked at the Queen Victoria Hospital since 2010. She has a special interest in Pelvic Health Physiotherapy and is involved in the treatment of bladder and bowel continence as well as pre and postnatal musculoskeletal problems. Jo has completed post-graduate training in the management of bladder and bowel continence and is a member of the POGP.



**Lucy Tarn BSc (Hons), mCSP, mHCPC, AACP** trained at the University of Brighton in 2010. She joined the Queen Victoria Hospital in January 2017, having worked at Burrowswood Hospital and St Wilfrid's Hospice. She has specialised in musculoskeletal physiotherapy and has additional training in Pilates, acupuncture and sports massage. She has a special interest in vestibular and temporomandibular physiotherapy.

**Hellen Wenzel BSc (Hons) mCSP mHCPC** graduated in 2014 with a Bachelor degree in Physiotherapy from Sao Camilo University in Sao Paulo-Brazil. She has spent the past years gaining experience within the therapy field across Brazil, Canada and the UK. Throughout her educational and working career, Hellen has sought opportunities to increase her knowledge through attending internal and external courses and actively participating in service development projects.

## The Facial Palsy Team at QVH



**Catriona Neville BSc (Hons) mCSP, mHCPC** joined the Queen Victoria Hospital in 2002. She initially worked in the Musculoskeletal Outpatients service and in 2007 set up the first UK Facial Palsy Clinic with Charles Nduka. She continues to work as an Extended Scope Practitioner in the field of facial palsy and has gone on to set up a charity supporting therapists in this field across the UK (FTS-UK).



**Tamsin Gwynn BSc (Hons) mCSP, mHCPC** trained at the University of Hertfordshire, qualifying in 2006. Having completed junior rotations in the Maidstone and Tunbridge Wells NHS Trust, Tamsin went on to work in private and independent hospitals before joining QVH in January 2013 as part of the specialist Facial Palsy Team.



**Karen Young BSc (Hons) mCSP, mHCPC** trained at the University of East London, qualifying in 1996. She has a specialist background in Neurology and has previously led clinical teams in Neurosurgery and Acute Stroke, before joining QVH in July 2016 as part of the specialist Facial Palsy Team.