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- Parkinson's disease nurse specialist
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## How to refer to QVH

From the 1 October 2018 it became a national contractual requirement that GP referrals to Consultant-Led services must be made via the Electronic Referral System (eRS). This only applies to Plastics, Maxfacs, Eyes and Sleep. As a specialist centre we receive many referrals from other hospitals (tertiary referrals) these are not affected by this scheme. Likewise if the service is a Nurse-Led clinic, therapy session, GDP referral or a prisoner referral, eRS does not apply. This guide is updated regularly and the latest version is available from our website home page: www.qvh.nhs.uk

**Updated January 2020** 

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Refer online: NHS e-Referrals Service

## **About us**

**Specialist expertise:** QVH is a leading specialist centre for reconstructive surgery and rehabilitation, helping people who have been damaged or disfigured through accidents or disease.

Local non-complex services: QVH is a convenient and expert choice for cataracts and glaucoma, hand surgery, skin lesions and suspected cancer, maxillofacial fractures, diagnostics and therapies. We also run a minor injuries unit, a care of the elderly and general medicine clinic, and rheumatology, paediatrics and cardiology outpatient clinics.

Clinics across the region: Our leading consultant teams hold clinics at a wide network of sites across the region. See individual specialty pages for details.

**Clinical excellence:** We monitor continuously our clinical effectiveness, using internationally accepted markers where possible, to quality assure our work. See our quality report for details.

**Best for patients:** QVH is consistently judged by patients as one of the best hospitals in the country in the annual national inpatient surveys and 90% of our staff would recommend the hospital to friends and family.

## How to refer a patient to QVH:

· Use the NHS e-Referral Service

Please indicate in your referral letter if your patient lacks capacity to make decisions i.e. has difficulty understanding or retaining information, weighing up choices or communicating.

If possible please also indicate who would accompany them to appointments to help support decision-making. Making decisions for these patients is complex, but far easier if we are aware in advance.

\* Please note from October 2018 QVH will no longer accept paper referrals

## **How to contact QVH:**

- To contact a specific consultant, please find their number on the following pages.
- Call our switchboard on 01342 414000.

## More information about QVH:

- QVH website: www.qvh.nhs.uk
- QVH service directory: <u>Our services</u>
- QVH patients feedback: NHS Choices
- QVH Care Quality Commission rating: Latest ratings

## Clinics also held at:

Brighton and Sussex Hospitals (Brighton); Conquest Hospital (Hastings); Darent Valley (Dartford); East Surrey Hospital (Redhill); Eastbourne District General Hospital (St Leonards-on-sea); Faversham Cottage Hospital (Faversham); Guy's and St Thomas' Hospital (London); Horsham Hospital (Horsham); Kent and Canterbury Hospital (Canterbury); Maidstone Hospital (Maidstone); Medway Maritime Hospital (Gillingham); Sevenoaks Hospital (Sevenoaks); Tunbridge Wells Hospital (Pembury); Uckfield Community Hospital (Uckfield)

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## Plastic surgery and burns

The QVH plastic surgery clinical directorate is one of the largest in the country and generates a significant part of the surgical activity within the trust. Our team of 19 specialist consultants are supported by a wider network of junior surgeons, specialist nurses, occupational therapists, physiotherapists, speech and language therapists and psychological therapists.



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Refer online: NHS e-Reterrals Service

## **Breast surgery**

QVH is the major regional centre for complex, microvascular breast reconstruction following, or simultaneously with, resection for cancer.

Our integrated team of consultants and specialist breast care nurses provide a wide range of reconstructive options and flexibility and also undertake surgery to correct breast asymmetry and breast shape deformity.

Consultant	Clinics held at	Tel (01342)
Mr Andrew Mellington	QVH and Park Centre, Brighton	414229
Miss Anita Hazari	QVH, Kent and Canterbury	414422
Mr Martin Jones (Clinical Director, Plastics)	QVH, Medway; Sevenoaks	414465
Mr Sam Orkar	QVH and Medway	414232
Mr Giovanni Zoccali	QVH, Kent and Canterbury; William Harvey	414073
Mr Simon Mackey (lead)	QVH, Darent Valley; Maidstone; Sevenoaks	414231
Ms Nora Nugent	QVH	414124
Mr Adam Blackburn	QVH and Guildford	414383
		Tel (01342)
Damada Oaltan	·	44.4000

	Tel (01342)
Pamela Golton	414302
Rebecca Spencer	414302



More information, incluin g consultant pictures and biographies

### **Burns**

The QVH Burns Unit is a key member of the South East Burns Network which covers Kent, Surrey, Sussex and parts of South London. It provides all levels of adult care and up to high dependency care for children. In addition, we provide an outpatient clinic, physiotherapy, occupational therapy and psychological support, rehabilitation for patients recovering from major burn injury and reconstruction clinics to review healed burns.

The QVH Outreach Burns Service provides specialist care for those patients within the region with burns that are not able to be transferred to the Burns Unit or for those with smaller burns who can be managed as outpatients nearer to their homes. In addition we have recently established burns clinics in Brighton and plan to establish more in other parts of the region.

The burns team prefer healthcare professionals to contact them directly by telephone (01342 414440 for adults and 01342 414469 for children) for advice and to speed up the referral of any acute or chronic burn injury for review. Patients with burn scars that impair function or are symptomatic can be referred into the adult or paediatric burn reconstruction clinic by referral letter or using NHS e-Referrals.

Consultant	Clinics held at	Tel (01342)
Ms Tania Cubison	QVH only	414124
Mr Baljit Dheansa	QVH and Brighton	414024
Ms Nora Nugent (lead)	QVH	414124
Mr Paul Drake	QVH and Brighton	414024
Ms Lorraine Harry	QVH and Brighton	414030



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Refer online: NHS e-Referrals Service

## **Facial palsy**

QVH has the UK's first and largest expert multidisciplinary facial palsy service, treating palsy patients from across the country. The award-winning, multi-disciplinary team is lead by two consultant plastic surgeons and includes a consultant maxillofacial surgeon, consultant oculo-plastic surgeon, psychological therapists and specialist physiotherapist and speech and language therapists. Together they use new techniques and expertise to re-animate the face which are more effective than traditional methods.

Consultant	Clinics held at	Tel (01342)
Mr Ruben Kannan	QVH only	414190
Mr Charles Nduka	QVH only	414190



More information, including consultant pictures and biographies

# **Hand Surgery**

The hand surgery service provided by QVH is recognised, both regionally and nationally, for its excellent high quality service covering a range of elective conditions as well as trauma. It includes consultants with specific interests in congenital hand anomalies

- rheumatoid and osteoarthritis;
- · wrist surgery for arthritis
- instability;
- compression neuropathies;
- post-trauma reconstruction.

We offer, where appropriate, non-operative and minimally invasive treatment alternatives such as

- wrist arthroscopy,
- · needle aponeurotomy (fasciotomy),
- Xiapex service for Dupuytren's contracture and endoscopic carpal tunnel release.

We are continuously available to manage soft tissue and bony trauma and to provide advice on other urgent problems including tendon ruptures, infections, extravasation injuries and pain syndromes.

Consultant	Clinics held at	Tel (01342)
Mr James Blair (lead)	QVH and Medway	414268
Mr Robert Pearl	QVH, Faversham, Medway	414236
Mr Asit Khandwala	QVH, Darent Valley; Horsham	414074
Mr Mark Pickford	QVH and Conquest	414282
Mr T C Teo	QVH and Brighton	414537

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## Lower limb and general plastics

Our large team treat the full range of leg and general trauma conditions requiring plastic surgery, including scarring and acute and secondary reconstruction in upper and lower limbs. QVH is expanding its service to managing vascular anomalies in children and adults.

As part of the lower limb service we also specialise in the management of amputation and the secondary surgery of amputation stumps/residual limbs to aid in comfortable prosthetic use. Our patients are both military and civilian and we have close links with civilian regional limb fitting services as well as the defence rehabilitation centre at Headley Court.

Supporting the service, our award winning Trauma Outreach Team (formerly known as Outlier Service Team) provides integrated and individualised care to vulnerable patients who are referred by other hospitals around the region for specialist plastic surgery. A community based nurse practitioner specialising in tissue viability and wound healing assesses patients in their own home to arrange the specialist treatment they need and supports local community nurses in their continuing care. Using the hospital's telemedicine system, each patient is reviewed carefully by consultant plastic surgeons and admission arranged if surgery is the best course of action.

Consultant	Clinics held at	Tel (01342)
Ms Tania Cubison	QVH only	414124
Mr Keith Cullen	QVH and Eastbourne	414235
Mr Baljit Dheansa	QVH and Brighton	414024
Miss Anita Hazari	QVH, Kent and Canterbury	414422
Mr Asit Khandwala	QVH and Darent Valley	414074
Ms Nora Nugent	QVH	414124
Mr Sam Orkar	QVH and Medway	414232
Miss Alex Molina	QVH and William Harvey	414073
Mr Mark Pickford	QVH and Conquest	414282
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## Skin Cancer

QVH is the largest specialist plastic surgery unit in the country, with 19 plastic surgery consultants as well as five maxillofacial and three ophthalmic surgeons. supported by 45 junior surgeons. We are the largest provider of skin surgery services in the south east, caring for patients with lumps and bumps, moles, sun damage and skin cancers. Our team has the highest levels of experience and expertise, treating over 3,000 patients every year.

Our internationally-known Melanoma and Skin Cancer Unit (MASCU) is the only unit in the region providing the complete range of specialist skin cancer services including medical treatments with immunotherapy, cryotherapy, curettage, simple excisions, skin grafting, local flaps, CO2 laser treatment, Mohs and PDT service and the complex management of metastatic disease. It is the designated tertiary referral centre for all skin cancers across the region and is recognised by the Kent, Sussex and Surrey Cancer Networks.

QVH now offers a regional Mohs Micrographic Service for removing high risk basal cell carcinomas (BCC) from the head and neck. This procedure involves a local anaesthetic to remove the BCC, which is then frozen and analysed during the procedure by Dr Bav Shergill (Mohs practitioner). Once the BCC has been cleared a member of the QVH surgeons will undertake the reconstruction within a few days. Referrals should be sent to Dr Bav Shergill. Patients will then be seen and discussed at the specialist skin cancer multidisciplinary meeting, which is hosted at Brighton. Once the case has been assessed, the service will make all the necessary arrangements for patients to be treated at Queen Victoria Hospital.

The consultants listed here are those with skin cancer as their main area of expertise. Other QVH plastic surgeons also treat skin cancer patients where appropriate. We also have a team of supporting professionals including a Macmillan skin cancer nurse specialist, pathologists, psychological therapists, multi disciplinary team coordinators and dedicated MASCU secretaries.

Consultant	Clinics held at	Tel (01342)
Mr Sam Orkar (lead)	QVH and Medway	414232
Mr Siva Kumar	QVH only	414233
Mr Brian Bisase	QVH, Horsham; Maidstone	414303
Mr Keith Cullen	QVH and Eastbourne	414235
Miss Jennifer O'Neill	QVH only	414233

MoH's practitioner/ dermatologist	Clinics held at	Tel (01342)
Dr Bav Shergill	QVH only	414383

Note: we do not provide a full dermatology service, just Mohs and PDT



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## **Corneoplastics and ophthalmology**

The QVH corneoplastic unit and eye bank is a highprofile and technologically advanced specialist and tertiary referral centre for complex corneal problems and oculoplastics. The Corneo-Plastic Unit & Eye Bank at QVH has expanded services over the last year, and we are now able to provide:

Cataract surgery - modern small incision cataract surgery with availability for advanced toric correction of astigmatism with added value toric lenses. The unit takes referrals for expert opinion from all over the UK for complex cataract surgery and anterior segment reconstruction.

Glaucoma - QVH offers a fully comprehensive Glaucoma service run by Mr Gokulan Ratnarajan. This service has recently acquired 3 new lasers that offer glaucoma patients safe alternatives to eye drops. QVH is a centre of excellence and innovation for glaucoma surgery including the most recent MIGS (Minimally Invasive Glaucoma Surgery), Trabeculectomy and Glaucoma Drainage Devices.

Cornea transplantation - The QVH has been at the forefront of advances in Cornea transplantation over the last 60 years. Services include Lamellar transplantation (DALK,DSAEK,DMEK), Laser assisted transplantation, stem cell transplants, Dry eye treatments including plasma eye drops production (National referral centre), reconstruction after burns and trauma. Advanced treatments for keratoconus such as Collagen cross linking (National referral centre), Intracorneal ring segments with femtosecond laser (Intacs,Kerarings), Phakic toric intraocular Lenses. This is supported by the Queen Victoria Hospital Eye Bank.

**Oculoplastic surgery** - specialist techniques in oculoplastic surgery including Mohs micrographic excision for eyelid tumour management; facial palsy rehabilitation; endoscopic DCR and modern orbital decompression techniques for thyroid eye disease.

## Dry eye service

QVH has also developed a dry eye service for local people. Our specialist nurse led clinic is for people with severe dry eye conditions including Sjorgrens syndrome and Blepharitis. Referrals are welcomed from GPs or eye specialists.

**General Ophthalmology** excluding retinal conditions.

Consultant	Clinics also held at	Tel (01342)
Mr Raman Malhotra	QVH only	414187
Mr Damian Lake (lead)	QVH only	414560
Mr Samer Hamada	QVH only	414560
Mr Andre Litwin	QVH only	414549
Mr Gok Ratnarajan	QVH only	414187
Mr Mohamed Elafy	QVH only	414560



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## Head and neck oncology

We are a regional centre for head and neck surgery and our services include primary assessment and diagnosis, specialist review, surgery and follow up. The team includes maxillofacial and ENT surgeons, all with sub-specialty experience in tumours of the mouth, throat, neck and head.

Both routine and advanced surgery is carried out, including laser surgery, sentinel lymph node biopsy, advanced reconstructive techniques and electro chemotherapy. This includes routine tongue cancer ablation and simple free tissue transfer to complex facial or laryngopharyngeal ablation requiring advanced complex free tissue transfer.

The multidisciplinary team meet weekly with other local ENT surgeons, oncologists, speech and language therapists, dietitians and specialist nurses to offer coordinated state-of-

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Consultant	Clinics also held at	Tel (01342)
Mr Brian Bisase (lead)	Horsham; Maidstone	414601
Mr Laurence Newman	Medway	414313
Mr Paul Norris	Darent Valley	414305
Mr Ash Gulati	Medway	414313
Mr John Tighe	Uckfield	414393
Mr Cameron Davies- Husband	Brighton	414681
Mr Jag Dhanda	QVH	414393
Macmillan Head and Neck Sp	ecialist Clinical Nurse	li Tel (01342)

Macmillan Head and Neck Specialist Clinical Nurse	li Tel (01342)
Pauline Mortimer	414493
Addy Katandika	414076

## **Maxillofacial surgery**

One of the busiest in the UK, the QVH maxillofacial surgery department has 11 consultant surgeons supported by surgical staff, specialist nurses, dietitians, physiotherapists, psychological therapists and speech and language therapists.

Our consultant surgeons have a number of interests in the sub-specialisms of their services including head and neck cancer, orthognathic surgery, trauma, salivary glands and surgical dermatology. The service is also provided across a widely distributed network hosted in acute trusts and community hospitals.

Consultant	Clinics held at	Tel (01342)
Mr Brian Bisase	QVH, Horsham; Maidstone	414601/ 414058
Mr Jeremy Collyer	QVH	414492
Mr Keith Altman	QVH and Sevenoaks	414309
Mr Laurence Newman	QVH and Medway	414313
Mr Paul Norris	QVH & Darent Valley	414305
Mr Michael Shelley	QVH & Darent Valley	414600
Mr Ken Sneddon (Clinical Director)	QVH, Maidstone; Medway	414303
Miss Ginny Kingsmill	QVH	414142
Mr John Tighe	QVH, Uckfield	414393
Mr Ash Gulati	QVH and Medway	414313
Mr Andrew Moody	Uckfield	414681





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# Referral Guide



Refer online: NHS e-Reterrals Service

## **Orthodontics**

Our specialist orthodontic team advises and treats children and adults with complex orthodontic problems such as facial deformity and anomoly, hypodontia, malalignment of the jaws and positional problems of the teeth.

The team works closely with maxillofacial, plastic surgery and dental practice colleagues to provide a multi-disciplinary team approach to solving clinical problems and treating complex conditions including cleft lip and palate.

Consultant	Clinics held at	Tel (01342)
Miss Sofia Ahmad	QVH only	414419
Mr Alex Cash	QVH only	414142
Sapna Radia	QVH only	414419
Dr Lindsay Winchester	QVH only	414419



More information, including consultant pictures and biographies

## Cleft lip and palate

QVH hosts clinics on behalf of the South Thames cleft lip and palate service provided by Guy's and St Thomas NHS Foundation Trust. This is a specialist service for children and adults with this condition. Treatment and care is provided by a multi-disciplinary team including orthodontists and dentists with specialist nurses and speech and language therapists.

Consultant	Clinics held at	Tel (01342)
Mr Alex Cash	QVH, Guy's and St Thomas' (London)	414142

Specia	alist nurse	Tel
Jackie	Matthews	07970 261781
	Evans, Specialist Speech and age Therapist	01342 414296 (Mon/Wed/ Thurs)



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- ENT Community outpatients
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#### Plastic surgery and burns

- Breast surgery
- Burns
- Facial palsy
- Hand surgery
- Lower limb and general plastics
- Skin cancer

#### Head, neck, eyes, denta

- Corneoplastics and ophthalmology
- Head and neck oncology
- Maxillofacial surgery
- Orthodontics
- Cleft lip and palate

#### Sleep disorder centre

Sleep disorders

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- Burns and plastic therapy
- Dietetics
- Hand therapy
- Musculoskeletal physiotherapy
- Psychological therapy
- Speech and language therapy
- Rehabilitation therapy
- Respiratory physiotherapy
- Facial palsy therapy

#### Support services

- Anaesthetics
- Surgical appliances
- Diagnostic imaging
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- Histopathology
- Telemedicine
- Prosthetics
- Medical photography

#### Other outpatient clinics

- Care of elderly and general medicine
- Parkinson's disease nurse specialist
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Refer online: NHS e-Referrals Service

## **Sleep Disorder Centre**

The QVH Sleep Disorder Centre was founded in 1992. The centre employs 33 staff and receives approximately 2,500 new referrals each year. Its core work comprises adults with sleep disordered breathing at night, with 14,000 patients successfully treated with CPAP and non-invasive ventilation. It also treats movement disorders in sleep including: ,

- · restless leg syndrome,
- movement disorders in sleep
- REM behaviour disorders
- narcolepsy
- circadian rhythm disorders

A satellite outpatient facility has recently been opened at Arundel at The Arundel Surgery to enable GPs to refer locally from the West Sussex area.

Consultant	Tel (01342)
Dr Peter Venn, Clinical Director for Sleep	305421
Dr Neil Munro, Consultant Neurologist	305421
Dr Praveen Molanguri, Consultant Respiratory Physician	305421
Professor Adrian Williams, Professor of Sleep Medicine & Consultant Respiratory Physician	305421



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#### Support services

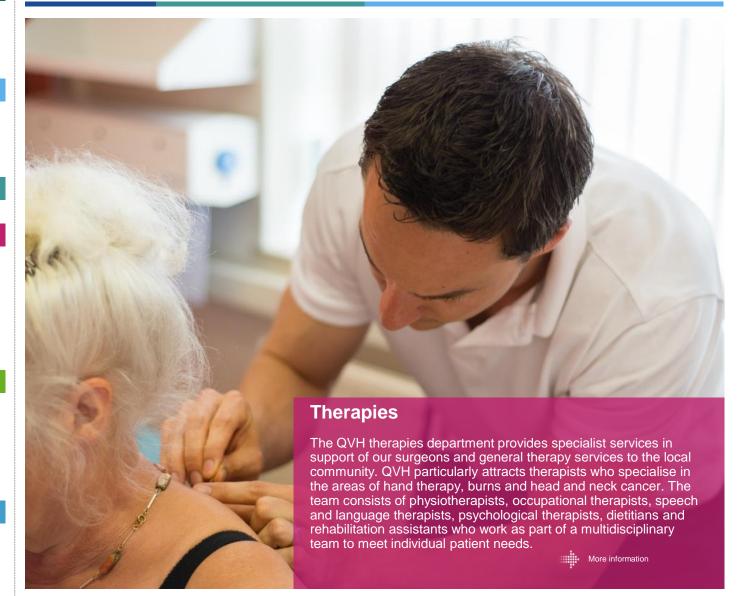
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Refer online: NHS e-Reterrals Service

## **Burns and plastics therapy**

The QVH burns, plastics and head and neck team consist of 10 experienced and specialist staff including four Chartered Physiotherapists, three occupational therapists, three rehabilitation assistants/garment technicians. We offer a comprehensive inpatient service to adults and paediatric patients within QVH following burns, plastics and head and neck surgeries. These include:

- Respiratory physiotherapy
- Function and mobility and assessments
- Activity of daily living assessments
- Musculoskeletal assessment
- Paediatric therapy
- Specialist rehabilitation post surgery
- Specialist burns and major loss rehabilitation

We also provide outpatients services to adults and paediatric burns patients, includes

- Specialist weekly scar management clinics for paediatrics and adults
- Joint clinics with burns consultant including steroid injections
- Onsite pressure garment service
- Intensive burns and major tissue loss rehabilitation
- Splinting/oedema management/desensitisation

Clinical lead	Clinics held at	Tel (01342)
Sarah Holdsworth	QVH only	414255



## **Dietetics**

QVH's dietitians promote nutritional well-being, treat disease and prevent nutrition related problems, serving both QVH inpatients and the local community. The team holds outpatient clinics and run a 6-week, tier 2 weight management programme at QVH. Self-referrals are accepted for weight management in line with NICE guidelines and dietary advice can be offered for a comprehensive range of medical conditions. Referrals are accepted for domiciliary visits, residential and nursing homes.

Clinical lead	Clinics held at	Tel (01342)
Elizabeth Moore	QVH	414445



## Hand therapy

The hand therapy team consists of physiotherapists and occupational therapists specialising in the management of hand conditions. This includes paediatrics, wrist conditions, rheumatological conditions, fractures, soft tissue injuries and post elective and trauma surgery. We provide comprehensive assessment and treatment, including exercise programmes, oedema and scar management and splinting. We also provide outreach clinics at Darent Valley Hospital.

Clinical lead	Clinics held at	Tel (01342)
Kathryn Pank	QVH, Darent Valley	414072



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Refer online: NHS e-Referrals Service

## Musculoskeletal physiotherapy

The QVH musculoskeletal outpatient team consists of ten experienced chartered physiotherapists who specialise in the detailed assessment and management of musculoskeletal problems, including:

- Spinal problems
- · Upper and lower limb problems
- Trauma and elective surgery
- Fractures
- Sports injuries
- Cervical headaches
- Dizziness
- Rheumatological conditions
- Women's Health conditions
- Pelvic health conditions

Treatment plans are based on comprehensive ongoing assessment and may include one or more of the following: manual therapy; exercise therapy; electrotherapy; taping; clinical Pilates; comprehensive education as well as adjuncts to treatment such as acupuncture. In addition to one-to-one treatment sessions, we run a lower limb rehabilitation exercise class a Back In Control (BIC) programme (for chronic back and neck pain) an OA hip and knee class and a shoulder class.

We have a pelvic and women's health physiotherapist with membership to the clinical special interest group of Pelvic, Obstetric, Gynaecology Physiotherapists (POGP). They specialise in the detailed assessment and treatment of pregnancy related musculoskeletal and continence problems as well as adult bladder and bowel problems. Treatment may include manual therapy,

exercise therapy including pelvic floor and sphincter exercises, functional and birth advice as well as bladder and bowel re-education. We also have a biofeedback machine and real time ultrasound scanner to assist with pelvic floor muscle strengthening and feedback.

Clinical lead	Clinics held at	Tel (01342)
Sarah Johnson	QVH and Crawley Down	414004



More information

## **Psychological therapy**

The Department of Psychological Therapies offers a range of evidence-based psychological treatments to patients at QVH. The department is made up of 7 Clinical Psychologists and Psychotherapists and a specialist Paediatric Clinical Psychologist. We offer support to patients with Burns injuries, Facial Palsy & Facial Anomalies, Chronic illness and Cancer and Accidents and Injuries requiring surgery. Treatments include Cognitive Behavioural Therapy (CBT), Eye Movement Desensitisation Reprocessing (EMDR), Mindfulness and Brief Solution-Focused Therapy (BSFT). We offer several therapy groups: the Mindfulness group, CBT for Insomnia and later this year the department will be piloting the first "Coping with Trauma" group - a stabilisation group for patients suffering from PTSD. The service specialises in supporting people with body image difficulties following illness of injury, post-traumatic stress, injury/illnessrelated depression and anxiety, insomnia and other sleep disorders such as nightmares. Inpatients can be seen by therapists before and after procedures to help with preparing them for surgery and for adjusting following surgery.

Clinical lead	Clinics held at	Tel (01342)
Dr Maja Schaedel & Dr Elizabeth Scott-Gliba	QVH only	414478



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Refer online: NHS e-Referrals Service

## **Speech and language therapy**

The QVH speech and language therapy service provides highly specialist assessment, diagnosis and treatment of a wide range of communication and swallowing disorders to inpatients and outpatients with medical conditions such as neurological illness, head and neck cancer, burns and ear nose and throat disorders. A videoflurosocopy service is available weekly, using dynamic X Ray films to assess and manage problems arising with eating and drinking. The team also offers a comprehensive community service for neurological conditions. A strong emphasis is placed upon providing close liaison and support to the family and carers of patients.

Clinical lead	Clinics held at	Tel (01342)
Jane Dawson	QVH only	414526



More information

## Rehabilitation therapy

This multidisciplinary team of occupational therapists, physiotherapists, speech and language therapists and dietitians works closely within the hospital, local community and other local services. It provides holistic care for outpatients and in patients' own homes, primarily for older people and those with chronic conditions. There is a specialist neurological service which provides outpatient and community therapy for a variety of conditions including stroke, multiple sclerosis and Parkinson's disease. **Physiotherapy and Occupational Therapy**: we provide a service to adults in our local community with referrals for orthopaedic, neurological, deteriorating conditions and falls. We run a balance bone group for falls prevention/Multiple Sclerosis groups.

Clinical lead	Clinics held at	Tel (01342)
Anna Marioni (Physio & OT)	QVH only	414343

## More information

## Respiratory physiotherapy

We offer a weekly outpatient clinic in QVH to provide patients in the local community an opportunity to see an experienced respiratory physiotherapist. This service provides holistic 1:1 assessments and treatment with an emphasis on symptom management for patients with respiratory conditions. This includes:

- · Hyperventilation syndrome
- · Asthma and Bronchectasis
- Secretion management and degenerative conditions
- Lung function tests (with Marc Jackson)

Clinical lead	Clinics held at	Tel (01342)
Sarah Holdsworth	QVH only	414255



More information

## Facial palsy therapy

QVH has the UK's first and largest expert multidisciplinary facial palsy service treating patients from across the country. The award-winning, multidisciplinary team includes our specialist facial therapy service which provides assessment, diagnosis and treatment of patients suffering from facial paralysis due to many causes including Bell's palsy, Ramsay Hunt syndrome, tumours, trauma and congenital conditions. Our service is provided by clinicians specialising in both physiotherapy and speech therapy techniques.

Clinical lead	Clinics held at	Tel (01342)
Catriona Neville	QVH only	414004



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#### Support services

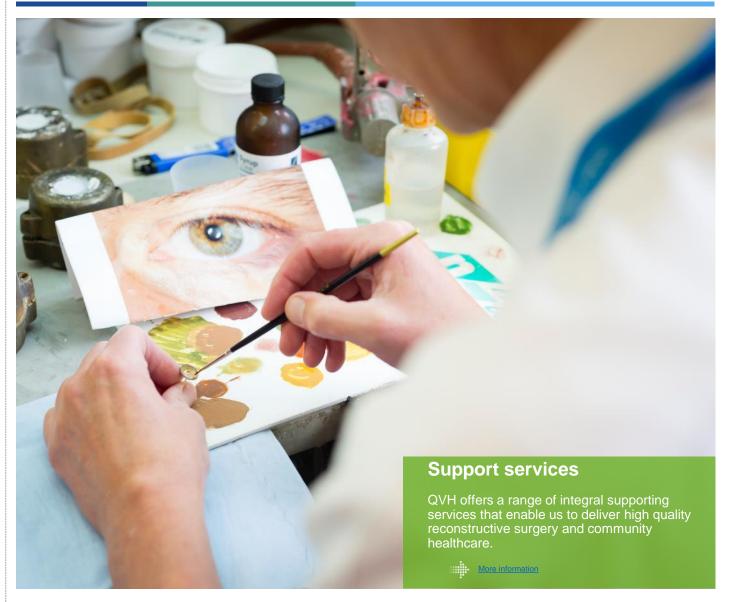
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## **Anaesthetics**

QVH has 19 consultant anaesthetists supporting our operating theatres, high dependency unit and burns centre. The team has pioneered expertise in dealing with patients with abnormal airways due to facial deformity and techniques to lower blood pressure and reduce bleeding during delicate surgery.

Clinical Director	Tel (01342)
Dr Tim Vorster	414536



More information

## **Surgical appliances (orthotics)**

The surgical Appliance Department is an Orthotic Out Patient Clinic where people are assessed by specialist staff for the provision of orthoses (appliances). We treat and rehabilitate patients by providing an orthosis to aid movement. An orthosis is externally and directly fitted to the body to support, align, prevent, correct, compensate or accommodate for physical deformity/weakness, skeletal, muscular or neuromuscular abnormalities and improve movement in parts of the body. Orthoses are designed to remedy or relieve a medical condition or disability and it may prevent the development of more disabling conditions. The service involves the fitting and supply of orthopedic footwear, insoles and shoe adaptations, a range leg/knee/ankle/foot orthoses, spinal/abdominal supports, splints, surgical collars, head protection and specialist support/compression stockings. Patients are referred directly to the service by their hospital consultant or specialist team, treating clinician or GP. Patients are assessed by trained Orthotists and supported by a site based Appliance Officer. We also run a monthly skin camouflage clinic and supply a range of breast prosthesis.

Surgical appliances officer	Tel (01342)
Louise Sheeran	414509
Mara information	

## **Diagnostic imaging**

QVH provides a comprehensive range of diagnostic imaging services for general practitioners and dentists, as well as support to the hospital's services.

Services include general and dental radiology, ultrasound, CT scanning, and MRI. Other specialist services include: salivary stone removal and joint injections done under ultrasound.

GPs and dentists can refer patients directly to QVH for imaging tests. If for any reason we are unable to accommodate referrals, we are able to arrange for them to be carried out at neighbouring NHS trusts.

We are an AQP in Surrey and Sussex for the provision of non-obstetric ultrasound. This is a new provision to give GPs and patients more choice for their referral in relation to appointment times or locations, making it more convenient while reducing waiting times. Referrals can be sent direct by email to qvh.xray@nhs.net. Any non-AQP referrals can also be sent by this method.

QVH also hosts specialist histopathology services which are national referral centres for both skin, and head and neck examinations.

Operating hours: Mon-Fri, 8:30am-5pm, with on call cover for emergencies.

illiaging manager		161 (01342)	
Sarah Solanki sarah.solanki@nhs.net		414536	
Consultant Radiologist			
Dr Ian Francis	i.francis@nhs.net	414432	

Consultant Natiologist		
Dr Ian Francis	i.francis@nhs.net	414432
Dr Lekha Chandrasekharan	lekha.chandrasekharan @nhs.net	414249

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- Orthodontics
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## **Paediatrics**

QVH provides a 24/7 paediatric surgical and burns service for children from birth to 16 years. We have a nine-bed children's ward known as Peanut Ward; we admit children as day cases or in-patients (from 6 months old) for a wide range of operations, both planned and urgent. Typical operations carried out under general anaesthetic are repairs to finger, hand and face injuries, eye surgery, corrections of congenital problems and treatment of burns. The team of nurses, surgeons, paediatricians, anaesthetists and other healthcare staff work closely together and are all specifically trained in the care of children.

The service is supported by general paediatric consultants from The Royal Alexandra Children's Hospital in Brighton with which QVH has a formal partnership. The consultant paediatricians providing support to the QVH site are led by Dr Geetha Fonseca and Dr Oli Rahman who also hold regular outpatient clinics at QVH for general medical paediatric referrals. Both hospitals work closely together and often share the care of patients. For children needing surgery not offered at QVH, we host a fortnightly clinic for the general paediatric surgeons from Brighton.

Speciality	Tel (01342)
Burns, general plastic, maxillofacial, corneoplastics and oculo-plastics	414193
General medical	414185



## Histopathology

QVH Histopathology department provides services to the trust and local GPs. The service has specialist expertise in dermatopathology, head and neck pathology and breast pathology and provides support for intra-operative assessment including frozen sections and Mohs surgery. The consultant histopathologists attend skin, head and neck and breast multidisciplinary meetings as part of the clinical pathways in Kent, Surrey and Sussex.

The histopathology services have been granted accreditation by the United Kingdom Accreditation Service (UKAS) against the ISO 15189 standards for medical laboratories. The laboratory was the first histopathology laboratory in the UK to achieve this accreditation and remains one of only a few currently accredited to these standards.

The department provides clinical advice and tissue diagnosis. GPs can refer samples directly to QVH for histopathology including skin biopsies and fine needle aspirates. We maintain the highest standards of diagnostic quality and turnaround times with performance well within the 10 day turnaround standard laid out by the Royal College of Pathologists.

Operating hours Mon to Fri, 8:30am to 5pm.

Laboratory Manager	Tel (01342)
Mrs Fiona Lawson	306634
Consultants	Tel (01342)
Dr Rachael Liebmann (lead)	414270
Dr Bill Barrett	414270
Dr Lamios Munthali	414270



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## **Telemedicine**

#### Telemedicine

As the regional specialist centre for reconstructive surgery following trauma, we have developed and now have a well-established telemedicine referral system known as Telemedicine Referral Image Portal System (TRIPS). This allows photographs of injuries to be reviewed by qualified and experienced clinicians at any time of day or night, regardless of where in the region the patient is located.

In 2018 the <u>TRIPS website</u> received over 25,000 referrals. Images are received from more than 180 fixed locations in Accident & Emergency departments, Urgent Care Centres, Walk-In Centres, and Minor Injury Units to five hubs across the area covered by the London and South of England Burns Network. In addition, paramedic practitioner teams from the South East Coast Ambulance Service are able to send images and receive clinical advice from the scene of an incident. Primary care staff can also refer directly from the consulting room.

TRIPS provides a multi-centre referral system for burns, necrotising fasciitis, hand trauma, maxillo facial injuries, and lower leg trauma with five hubs across the South East of England. The five hubs located in Broomfield Hospital, Chelmsford, Chelsea and Westminster Hospital, London, St Georges Hospital, Tooting, Stoke Mandeville Hospital, Aylesbury and Queen Victoria Hospital in East Grinstead, are all able to accept referral images from any PC connected to the NHS private network via the <a href="https://referral.org/linearing/news/">TRIPS website</a>.

How to access this service

Clinicians wishing to make a referral will need access to a computer linked to the NHS private network (N3/HSCH) and the ability to upload the images from a digital camera or memory card. In order to comply with information governance and GDPR rules and regulations, images should never be taken on a mobile phone or other mobile device unless it is owned by the NHS and encrypted. Images can be uploaded to the secure TRIPS website at <a href="https://www.trips.nhs.uk">www.trips.nhs.uk</a>.

Instructions on how to use the site can be found on the <u>TRIPS website</u> by following the 'Help and Information' link located at the bottom right of each page.

Once the images have been uploaded referrals should be discussed with the appropriate hub. All contact numbers are available on the <a href="TRIPS">TRIPS</a> website just click the Hub Contacts hyperlink found at the bottom of each page.

For more information contact the TRIPS helpdesk by email <a href="mailto:qvh.tripshelpdesk@nhs.net">qvh.tripshelpdesk@nhs.net</a>

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# Prosthetics: Head, neck, eyes and dental

The prosthetics department at QVH is the largest of its kind in the UK. Our team of maxillofacial prosthetists see and treat patients that require facial prostheses, artificial eyes, oral-maxillofacial devices (obturators) and body prostheses such as fingers and hands. Specialist head & neck splint devices, such as those required by patients with burn injuries, are also provided. Patients attend the Prosthetics Clinic for initial device planning, fabrication and fitting while continuing support and care is provided to all prosthetic patients that require it.

Consultant Maxillofacial Prothetist	Clinics held at	Tel (01342)
Mark Cutler Mark.cutler@nhs.net	QVH Only	414310

## **Medical photography**

The QVH medical photography department sees more than 15,000 patients a year from both the hospital and community referrals.

Clinical photographs are taken to help doctors and other health professionals monitor various clinical conditions. They are also used as part of the planning process alongside other tests such as x-rays, scans and blood tests, or for educational purposes and publication if the right consent is received. Images can also be used for legal purposes to provide supporting evidence to a case.

Our services include:

- Clinical photography and videography of patients
- Mole mapping
- · Medico-Legal photography
- Videography, AV and graphic design & printing

The department is open Monday – Friday 08:30am – 5pm (closed between 1 and 1:30pm)

Tel (01342)
414285

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Refer online: NHS e-Reterrals Service

# Care of the elderly and general medicine

QVH offers general medical outpatient care and care for the older person. We provide a falls services with an MDT approach as well as an established service for patients with Parkinson's disease. We are skilled in managing long-term conditions with good links for ongoing community care. We have access to a wide range of imaging modalities and link closely with neighbouring trusts for more specialised investigations. This service is accessible to all GPs and other community providers for all general elderly care referrals.

Consultant	Tel (01342)
Dr Tejal Richardson	414151 / 414343

## Parkinson's disease nurse specialist

A Parkinson's Disease Nurse Specialist (PDNS) is based in the Rehabilitation Unit and provides a comprehensive service for people with Parkinson's and related conditions (such as multiple system atrophy or progressive supranuclear palsy) who live in East Grinstead or Crawley. The PDNS works closely with local neurologists and care of the elderly physicians. Local nurse-led clinics are held in each of the three areas and home visits are available to those who require it

A joint Parkinson's clinic is held in the Rehabilitation Unit with the Care of the Elderly Physician and PDNS.

Referrals can be made directly to the PDNS by GPs and Consultants providing the person has a confirmed diagnosis of Parkinson's or a related condition.

Persons with a suspected diagnosis of Parkinson's should be referred quickly and untreated to a specialist with expertise in the differential diagnosis of this condition (NICE Guidelines for Management of Parkinson's disease 2006).

Telephone the PDNS directly on 01342 414323 or email gyh.parkinsons@nhs.net for further information.

Parkinson's Nurse Specialist	Tel (01342)
Leanne Picco	414323

- How to refer a patient to QVH
- How to contact QVH

#### Plastic surgery and burns

- Breast surgery
- Burns
- Facial palsy
- Hand surgery
- Lower limb and general plastics
- Skin cancer

#### Head, neck, eyes, dental

- Corneoplastics and ophthalmology
- Head and neck oncology
- Maxillofacial surgery
- Orthodontics
- Cleft lip and palate

#### Sleep disorder centre

Sleep disorders

#### **Therapies**

- Burns and plastic therapy
- Dietetics
- Hand therapy
- Musculoskeletal physiotherapy
- Psychological therapy
- Speech and language therapy
- Rehabilitation therapy
- Respiratory physiotherapy
- Facial palsy therapy

#### Support services

- Anaesthetics
- Surgical appliances
- Diagnostic imaging
- Paediatrics
- Histopathology
- Telemedicine
- Prosthetics
- Medical photography

#### Other outpatient clinics

- Care of elderly and general medicine
- Parkinson's disease nurse specialist
- Rheumatology
- Cardiology
- Urology
- Paediatrics
- ENT Community outpatients







Refer online: NHS e-Reterrals Service

## Rheumatology

An outpatient rheumatology clinic is held every Tuesday which manages inflammatory arthritis, connective tissue diseases, metabolic and inflammatory muscle diseases, osteoporosis and metabolic bone diseases, crystal arthropathy and soft tissue rheumatism.

The clinic is supported by a nurse and the physiotherapy and occupational therapy departments and shares patients with the ophthalmologist and hand and orthopaedic surgeons.

The service is accessible to GPs for all general rheumatology referrals.

Consultant	Tel (01342)
Dr Raad Makadsi	414482

## **Cardiology**

An outpatient cardiology clinic is held on Wednesday afternoons by a visiting consultant (Dr Adam de Belder) from Brighton and Sussex University Hospital. Same day diagnostic tests such as echocardiograms and stress tests are available as well as 24hr monitoring. Patients requiring interventional investigations or cardiac MRI are offered services at Brighton or other local providers. This service is accessible to GPs for all general cardiology referrals.

Consultant	Tel (01342)
Dr Adam de Belder	414482

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- How to contact QVH

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## **Paediatrics**

QVH has a formal partnership with The Royal Alexandra Children's (RACH) Hospital in Brighton. Both hospitals often share the care of younger patients.

The consultant paediatricians providing support to QVH also hold regular outpatient clinics at QVH on Mondays, Wednesdays and Fridays each week. These can be accessed by GPs – often at short notice – for any general paediatric advice and referrals.

We also have a paediatric surgeon from RACH who holds outpatient clinics fortnightly on Fridays at the QVH. Surgery, if needed, is performed at RACH.

Consultant	Tel (01342)
Dr Kamal Patel	414185
Dr Oli Rahman	414185
Dr Geetha Fonseka	414185
Dr Catherine Bevan	414185
Dr Michaela Lazner	414185
Dr Susie Pawley	414185
Mr Sam Adam	414185

## **ENT Community Outpatient Service**

QVH is an accredited AQP provider of Community ENT Services for non-urgent diagnosis and treatment in a community environment. Patients can be referred into a consultant-led outpatient service that encompasses a range of on-site diagnostics and procedures including naso-endoscopy, micro-suction and nasal cautery.

Assessment, diagnosis and treatment are delivered rapidly and comprehensively for a range of non-urgent ENT conditions.

Appointments are offered at a number of local sites including Worthing, Tangmere and Shoreham on the south coast.

The service is overseen by Mr Prodip Das and Mr Andrew Moore, ENT Consultants from Brighton and Sussex University Hospitals Trust. The treating clinicians are primarily local GPs who specialise in ENT. Where clinically indicated, patients will be able to proceed to day case surgical interventions at the provider of their choice.

ENT referral form for Coastal West Sussex

Consultant	Tel (01342)
Mr Prodip Das (via secretary)	414387
Mr Andrew Moore (via secretary)	414387

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- How to refer a patient to QVH
- How to contact QVH

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Refer online: NHS e-Referrals Service

# Respiratory Community Outpatient Service

QVH is introducing a consultant-led community respiratory service to give easy access and a comprehensive treatment. It encompasses:

Investigation of respiratory symptoms;

- cough
- wheeze
- breathlessness
- non-cardiac chest pain.

Investigation and management of common respiratory conditions:

- Asthma
- Bronchiectasis
- COPD
- Pulmonary Fibrosis
- Respiratory Infections
- Sarcoidosis

The assessment of chest x-ray abnormalities *where* cancer is not suspected. The assessment of abnormal GP spirometry results.

We will also have access to a range of diagnostics such as CT/MRI, Spirometry, Lung function test as well as a guidance service for GP's to via nhs.net

The Clinical Lead for the service is Dr Mark Jackson MB ChB, FRCP, Consultant in Respiratory Medicine with an interest in General (Internal) Medicine.

Consultant	Tel (01342)
Dr Mark Jackson (via secretary)	414387

For more information please contact

Queen Victoria Hospital NHS Foundation Trust Holtye Road, East Grinstead, West Sussex RH19 3DZ

www.gvh.nhs.uk

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