

# Burns Support Group at QVH

Do you have a burn?  
Would you like to speak to others with  
similar experiences?

It is hard to understand the impact a burn has on a person regardless of the injury. Previous patients tell us that it can be really valuable to meet others with similar experiences of burns and relatives can benefit from the contact too.

The group meet three times a year. The meetings usually consist of an activity (previous activities have been chocolate making, jewellery making to name a few) with lunch and drinks. The meetings are informal with options of gaining information on scar management, diet, psychological help or just a chat and a sharing of experiences.

The group is open to any adult over the age of 16 who have experienced a burn, or is a relative of someone who has experienced a burn of any type and any size at any age and have been treated at any hospital. If bringing your family and friends means that you would feel more comfortable coming along then they are very welcome.

This group offers a unique opportunity to not only get support from but also to give support to other burns survivors.

If you would be interested in coming along to one of our events please provide your details and we will add you to our mailing list database. Please fill in your information below and we will contact you with the dates and time of our next meeting or for more information contact our Burns Unit on 01342 414440.

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I give permission to be contacted with information regarding the McIndoe Burns Support Group.

Name \_\_\_\_\_

DOB \_\_\_\_\_

Address \_\_\_\_\_  
\_\_\_\_\_

Email \_\_\_\_\_

Telephone No \_\_\_\_\_

Sign \_\_\_\_\_ Date \_\_\_\_\_

Please return the completed form to the The Adult Burns Support Group in the Burns Unit, Queen Victoria Hospital, Holtye Road, East Grinstead, RH19 3DZ

