

# Minor Injuries Unit

Open 8am-8pm, 365 days a year



Advice and treatment on your doorstep



## Minor Injuries Unit for when it's not an emergency

The Minor Injuries Unit at Queen Victoria Hospital provides care and treatment for patients whose injury or illness is not severe enough for them to need a trip to Accident and Emergency (A&E).

Our Minor Injuries Unit is open from **8am to 8pm, 365 days a year** and is run by specially trained emergency practitioners. They are able to see, diagnose and treat a wide range of minor injuries and ailments for both adults and children over one year old. You do not need to make an appointment and the team is experienced in treating people quickly and efficiently.

### Onsite x-ray facility

If you need an x-ray, this can be completed onsite too. X-ray is available Monday-Friday 9am-5pm, Saturday 9am-1pm and Sunday/bank holidays 10am-1pm. Children under four will be directed to specialist children's x-ray services elsewhere if needed.

### Pathway of care

Staff at our Minor Injuries Unit will refer you on to different specialist teams if required and can book follow-up appointments.

### What patients say

Thank you to staff for your **brilliant care** with my son's sore eye. They couldn't have been any more thorough or thoughtful.

**Great service** when I've needed it.

I was booked in, assessed, and treated in less than an hour. **A first class service** from the whole team.

## How we can help?

Our Minor Injuries Unit can help if you have:

- ✓ minor head injuries with no loss of consciousness
- ✓ minor burns and scalds
- ✓ sprains and strains
- ✓ suspected arm and lower leg broken bones (children under the age of four should be taken to A&E)
- ✓ simple eye infections such as conjunctivitis or scratches to the eye
- ✓ foreign bodies in the eyes, ears or nose
- ✓ cuts, grazes and splinters
- ✓ bites and stings
- ✓ ear and throat infections
- ✓ chest infections (adults)
- ✓ skin infections
- ✓ minor allergic reactions
- ✓ simple urinary tract infections (females).



### Waiting times

There are two waiting rooms, including a dedicated space for children which has toys and books to keep them occupied. Patients will be seen in order of priority so waiting times may vary, but almost all of our patients are treated and discharged home within four hours, with most treated much quicker.

### Unsure where to go?

If you are unsure whether to go to the Minor Injuries Unit you can call **NHS 111** who will be able to advise you. If your condition is life-threatening please **call 999** or go to your nearest A&E.

For more information on the Minor Injuries Unit at the Queen Victoria Hospital please visit [www.qvh.nhs.uk/minor-injuries-unit](http://www.qvh.nhs.uk/minor-injuries-unit)

# How to find us

Our Minor Injuries Unit is based on the Queen Victoria Hospital site in East Grinstead.

The address is:

**Holtye Road  
East Grinstead  
West Sussex  
RH19 3DZ**

The Minor Injuries Unit is signposted, to the right hand side of the hospital site.

If you need help when the Minor Injuries Unit is closed, please visit Crawley Urgent Treatment Centre, located at **Crawley Hospital**.

For more information visit

**[www.sussexcommunity.nhs.uk/ucc](http://www.sussexcommunity.nhs.uk/ucc)**

If you need this leaflet in large print, braille or an alternative format please call **01342 414508** or email **[tqv-tr.communications@nhs.net](mailto:tqv-tr.communications@nhs.net)**



## Parking

The patient and visitor car park at QVH operates a pay and display system.

Charges apply:

**Monday to Friday (8am-6pm):**

- £1 per hour - up to 3 hours
- Maximum £4 - up to 10 hours.

**Free parking:**

- Monday to Friday 6pm-8am
- Weekends and bank holidays
- Disabled badge holders.

There are several reserved bays for disabled badge holders by the Minor Injuries Unit, along with a small number of short stay bays where parking is free of charge for up to 20 minutes.

## Public transport

Local buses including Metrobus routes 281 and 400 run to the Queen Victoria Hospital. East Grinstead train station is just over one mile from the hospital and there is a taxi rank outside the station.

For more information please visit **[www.qvh.nhs.uk/contact-us](http://www.qvh.nhs.uk/contact-us)**

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**#NotAnEmergency**

Tel: **01342 41400** Email: **[tqv-tr.info@nhs.net](mailto:tqv-tr.info@nhs.net)** Web: **[www.qvh.nhs.uk](http://www.qvh.nhs.uk)**

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