



Queen Victoria Hospital
NHS Foundation Trust

Skin See and Treat Clinic



You are invited to attend the Skin 'See and Treat' Service.

Here you will be seen by a consultant who will evaluate your skin lesion and discuss a treatment plan.

If the skin lesion requires surgery we will do our best to offer this on the same day but this may involve a wait (please note your appointment time is not the same as your procedure time). If the procedure is not suitable to be performed on the same day we will make arrangements to put you onto the next available theatre list and inform you of the details.

Treatment of your skin condition may require a surgical procedure:

This will be performed under a local anaesthetic. You will be awake during the procedure. The area being treated will be numbed fully with injections.

After the surgery you will be provided with post-operative advice, dressings and a virtual follow-up by the surgical team.

If you require some time off work the surgical team will provide you with a Fit Note for work.

Occasionally, the surgery that you may require may not be appropriate to be performed on the same day. If this is the case then you will be informed of the next steps by the surgical team, this may be to have photographs taken or attend a pre-assessment appointment.

There may be a wait from the time that you are seen by the consultant and the time of your operation, please be aware that you may be asked to wait in your car due to the current situation with COVID-19. Please do not arrange to be dropped off and picked up at a later time.

Please bring with you a list of your prescription medications, any emergency medications (such as a GTN spray or an inhaler) and any medications that you may need during the day. As well as a list of any allergies that you may have.

If you take blood thinners please discuss with your GP if it is safe to stop this prior to your appointment for your procedure.

It is advisable for you to bring a sandwich and drink for yourself and driver with you.

Important things to consider prior to your appointment:

Due to the nature of your operation it is advised that you do not drive home as you may not be insured in the event of an accident. Do ensure that you have someone to stay with you during the day and to take you home afterwards. If you require transport getting to the hospital your GP should be able to support you with the arrangements. If you are unable to arrange patient transport and will experience difficulty in attending your appointment please contact the Plastics Skin Team on 01342 414238.

Please let the Plastic Skin Team know if you require an interpreter on 01342 414238.

If you have a Medical Lasting Power of Attorney (LPA) or designated person that holds LPA then please make the Booking Team aware of this.

Do ensure that you have someone at home or who lives nearby to help with your daily activities (e.g. cooking/shopping) following the procedure for at least the first 24-48 hours.

Do ensure that you make appropriate arrangements with work if you need time off or an alteration to your workplace activities.

If you take any regular medications, continue to take them unless you have been told otherwise by your GP or consultant. Any further instructions about continuing your medications post-operatively will be given during discharge.

Following your procedure you may be asked to come back in a week's time to the Plastic Dressing Clinic, Main Outpatients, Building 3, further information will be given on discharge if this applies to you.

COVID-19 precautions.

In order to ensure the hospital environment is kept as clear of infection as possible please do not attend your appointment if you or a member of your household shows any symptoms of the COVID virus. This includes:

- A new continues cough
- A loss or change to your sense of smell or taste
- A temperature above 37.8 or above
- Or if you have been told to self-isolate for any reason including recent travel abroad or contact with a confirmed case of Covid-19

Information and guidelines concerning Covid-19 can be found on the Government Website.

Please ask if you
would like this leaflet
in larger print or an
alternative format.

Plastic Surgery

Issue 1 – Ref 0182

Approved by the Patient Information Group

Print November 2020 – Review November 2023

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