

This leaflet provides information about the provision of meals during your stay and the catering outlets on site for your friends and relatives.

During your stay

The hospital diet provided for you is an important part of your treatment. To ensure a speedy recovery a balanced diet means having foods that meet your dietary needs.

We operate a three meals and three snacks a day routine. Breakfast will be served on the ward in the morning and menu choices may be made for lunch & supper on the day.

Please be aware of any medical plans for you the next day and order appropriately. Ward staff are happy to assist you with this.

Snacks including sandwiches/salads are available if meals are missed.

Drinks

Tea, coffee, hot chocolate, water and fruit squash are readily available on the wards. If you prefer something else (such as herbal teas) please bring a supply with you.

Special dietary needs

If you have any special dietary needs, you may if you wish, bring appropriate foods with you (e.g. gluten-free bread). For advice before your admission please contact:

Hospital dietician
Tel: 01342 414445

Head Chef
Tel: 01342 414333

Please note that it is not possible to heat food brought into the hospital.

Cold food may be kept in the fridge for 24 hours if it is labelled clearly with your name and the date and time it is put into the fridge.

Protected meal times

The wards operate 'protected meal times'. This is a period when all ward activities stop and visiting is restricted to ensure staff are available to give assistance to any patients needing help with eating their meals.

Visitors to the hospital

Spitfire Restaurant

The Spitfire Restaurant is located near the Minor Injuries Unit and is open to patients, visitors and staff for breakfast, lunch, drinks and snacks.

Accessible toilet and baby changing facilities are available.

Opening hours

Monday to Friday	7.30am to 4pm
Weekends and Bank Holidays	7.30am to 3pm

Main meals served at the Spitfire

Breakfast - 7.30am to 11 am

- Cooked breakfast, cereals and toast

Lunch - 12pm to 2.30pm

- Hot meals, vegetarian options, salad bar, chips
- Jacket potatoes with choice of fillings
- Sandwich Bar

On sale throughout the day

- Tea and coffee
- Cold drinks
- Sandwiches
- Snack items
- Confectionary
- Newspapers

Hurricane Café (The Lodge)

Located near the clock tower, next to the Corneo-Plastic Unit (eye clinic)

Open for snacks and drinks

Monday to Friday	9am to 5pm
Saturday	9am to 5pm

League of Friends' Lancaster Lounge

Situated in the Canadian Wing, the lounge is an unstaffed general seating/waiting area for visitors with 24 hour access to vending machines providing hot and cold snacks and drinks.

Cash or card payments accepted.

If you'd like to find out how you can support QVH, please visit www.supportqvh.org



Please ask if you would like this leaflet in larger print or a different format.

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Catering Services for patients and visitors

