

What should I expect after my treatment?

- During the next 24 hours, once the local anaesthetic has worn off, you may have some discomfort. Taking painkillers (e.g. paracetamol) may relieve this. It is important that they do not contain aspirin as this could increase the risk of bleeding.
- Some tenderness and pain is expected after the surgery. If you notice swelling and redness, or you have excessive pain and leakage from the wound, this may indicate a wound infection. Please contact either EBAC 01342 414010 between the hours of 9am to 5pm or out of hours Burns Ward 01342 414440.
- When surgery is performed on your head or neck area, please **do not bend down for at least 24 - 48 hours**. Bending down causes pressure on the wound and increases the risk of bleeding.
- If bleeding does occur, apply continuous firm pressure with a clean pad or handkerchief directly on the wound for 10 minutes. Repeat as necessary.
- If the bleeding continues or is excessive, seek medical advice from either EBAC or the Burns Ward.
- Do not drink alcohol for 24 hours after surgery.
- Avoid smoking and smoky atmospheres until your wound has healed.

- Please elevate the limb as much as possible to reduce swelling. You should rest for 50 minutes out of every hour.
- Keep dressings clean, dry and in place until your next appointment.
- If dressings become wet or dirty, you will need to contact EBAC or the Burns ward to be seen earlier.
- Do not remove the white tape from your donor site. If it is wet/bleeding repad over the top of the original dressing.
- When the wound has healed completely, massage the scar, frequently, with a light unperfumed cream or moisturiser. This will aid healing and may improve the final appearance.
- You must take care of your new scar in the sun. Apply a high factor sun block to the scar for at least a year.

Contact Details

EBAC 01342 414010 between the hours of 9am-5pm
Out of hours Burns Ward 01342 414440.

Patient label

Consultant's name: _____

Wound Check

In _____ day in EBAC location 54
(Queen Victoria Hospital)

On _____ at _____

Emergency Burns
Assessment Unit (EBAC)
Minor procedure under
local anaesthetic

Post-operative information

If you'd like to find out how you can support QVH,
please visit www.supportqvh.org



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would like this leaflet
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different format.

Burns Ward EBAC
Issue 1 – Ref. no 0228
Approved by the Patient Information Group
Print March 2021 – Review March 2024

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