

The Facial Palsy specialist therapy team at QVH



Catriona Neville

BSc (Hons) Physiotherapy 1st class
PGCert Clinical Research (Distinction)
mCSP, mHCPC, mFTS-International

Trina started her Physiotherapy career in Kent before joining the Queen Victoria Hospital in 2002. She initially worked in the Musculoskeletal Outpatients service and in 2007 set up the first UK Multidisciplinary Facial Palsy Clinic with Charles Nduka, consultant plastic surgeon at the hospital. She continues to work as an Extended Scope Practitioner in the field of facial palsy and leads the facial palsy therapy team at QVH.

In 2009, Trina set up a professional network supporting therapists in the facial therapy field internationally (FTS-International) which she continues to Chair. She leads specialist facial therapy training courses, carries out international research and has been invited to lecture nationally and internationally. She is a member of the medical advisory board of the Facial Palsy UK charity and runs support groups for the charity.



Tamsin Gwynn

BSc (Hons) Physiotherapy
mCSP, mHCPC, mFTS-International

Tamsin trained in Physiotherapy at the University of Hertfordshire, qualifying in 2006. Having completed junior rotations in the Maidstone and Tunbridge Wells NHS Trust, Tamsin went on to work in private and independent hospitals before joining QVH in January 2013 as part of the specialist Facial Palsy Team. She has been involved in clinical research projects alongside her clinical work, and presented at international conferences.



Karen Young

BSc (Hons) Physiotherapy
mCSP, mHCPC, mFTS- International

Karen trained in Physiotherapy at the University of East London and worked in the specialist field of Neurology where she led clinical teams in both Neurology and Neurosurgery for over 10 years. She joined the Facial Palsy therapy team in 2016 and is currently Vice Chair of FTS international. Since joining QVH, Karen has been involved in clinical research projects alongside her clinical work, and will join the team to present findings at forthcoming international conferences.



Crystal Selley-West
BSc (Hons) Occupational Therapy
mRCOT, mHCPC, mFTS-International

Crystal studied Occupational Therapy at Canterbury Christ Church University, qualifying in 2006. She completed her junior rotations at East Surrey Hospital and Crawley hospital. Crystal further expanded her experience at the Royal Hospital for Neurodisability for two years before returning to East Surrey Hospital where she progressed to the position of Team Leader for the Orthopaedic and Surgical Occupational Therapy Teams. She joined QVH in January 2021 as part of the specialist Facial Palsy Team.