



Queen Victoria Hospital  
NHS Foundation Trust

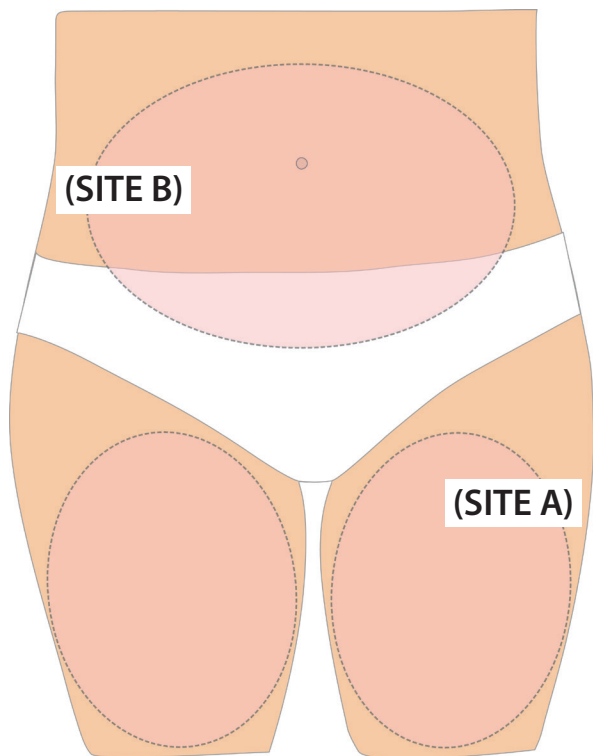
# Dalteparin Injections (Fragmin<sup>®</sup>)



Please select your injection site carefully. We do not want you to inject into the donor site that is going to be used for your reconstruction.

If you are having a DIEP/MS-TRAM reconstruction using your abdomen/tummy – please inject into outer thigh (Site A).

If you are having a TUG, DUG, LUG reconstruction using your inner thigh – please inject into your abdomen/tummy (Site B).



If you'd like to find out how you can support QVH,  
please visit [www.supportqvh.org](http://www.supportqvh.org)



Please ask if you  
would like this leaflet  
in larger print or an  
alternative format.

Breast care Nurses

Issue 2 – ref 0065

Approved by the Patient Information Group

Print May 2023 – Review May 2026

© Copyright QVH NHS Foundation Trust

[www.qvh.nhs.uk](http://www.qvh.nhs.uk)