

Preparing for your treatment

- You may eat and drink as normal and take any medications as prescribed.
- Please allow approximately two hours for your visit.
- It is important that you arrange for someone to drive you home afterwards as your vision will be temporarily blurred from the procedure and you may have to wear a dressing over your eye.

What should I expect after my treatment?

- In the first 24 hours following the procedure, once the local anaesthetic has worn off, you may experience some discomfort. Taking painkillers (e.g. paracetamol) may relieve this.
- Some tenderness and pain is expected after the surgery. Bruising and mild swelling are also expected following a local anaesthetic. This will settle in a few days.
- Some procedures require a temporary dressing, in which case, the eye may be padded or adhesive closure strips may be applied.
- If the procedure requires sutures (stitches) then you will be given an appointment to attend the clinic in 10 -14 days after to have sutures removed.

Post operative instructions

- Keep dressings clean, dry and in place. You will be advised how long you will need to keep the dressing in place for.
- Apply antibiotic ointment as instructed.
- Keep the wound clean by using cool boiled water and cotton wool balls.
- Apply cold compresses for two days following the procedure if you have noticed any bruising or mild swelling.
- If bleeding does occur, apply continuous firm pressure with a clean pad directly on the wound for 10 minutes. Repeat as necessary.
- If the bleeding continues or is excessive, seek medical advice from your GP practice or the Eye Clinic.
- If you notice more swelling, any redness, or you have excessive pain or discharge from the wound, this may indicate signs of infection. Please contact your GP or the Eye Clinic for advice.
- Alcohol should not be consumed for 24 hours after surgery.
- Avoid smoking and smoky atmospheres until your wound has healed.
- When the wound has **completely** healed, massage the scar frequently, with a light unscented cream or moisturiser. This will aid healing and may improve the final appearance.

Further queries

If you are concerned about any aspect of your treatment please contact:

Eye Emergencies: 01342 306782 Monday to Friday 9am-5pm

Ross Tilley Ward: 01342 414451 After 5pm, weekends or bank holidays

Switchboard: 01342 414000 After 5pm, weekends or bank holidays

Minor procedure under local anaesthetic

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visit www.supportqvh.org



Corneo Plastic Unit

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