

Local anaesthetic information

Your procedure is to be carried out under a Local Anaesthetic

Numbing injections will be used in and around the small part of your body we will be operating on.

This allows quick, effective and painless surgery, whilst you are still awake. You will be asked to keep still while the injections are given, to help us make them as quick and painless as possible.

You may notice a warm, tingly feeling as the anaesthetic begins to take effect within a minute or two.

Confirming your appointment

We will telephone or send a text message to confirm your appointment up to 3 days before you are due to be at QVH.

If you cannot attend please call:

01342 414300 or 414141

It is essential that you arrive on time for your appointment, allowing plenty of time to park.

If you need to change an appointment, please let us know as soon as possible and a new date will be agreed with you. We make every effort to avoid changing your appointment, but regret that occasionally this is unavoidable.

Getting to hospital

You do not have to bring anyone with you to the hospital, but you may prefer it if someone is available to take you home.

We advise against bringing those who are dependent on you (children and elderly people) to your appointment.

Unless you have had hand surgery or something placed into your eye(s), you will be able to drive after having a procedure performed under local anaesthetic. You can confirm this at your consultation appointment.

Please ensure you have made provision for taking painkillers and have water with you if your return journey is long.

If you are having intravenous sedation a separate leaflet will be given to you because the instructions around food and transport are very different. **Please disregard this leaflet if you are a sedation patient.**

Smoking and vaping

Please avoid smoking, vaping and smoky atmospheres, before your appointment and after your surgery. This will affect the healing process and could lead to infection.

Please be aware that the hospital has a no smoking policy, which means that smoking and vaping are not permitted on the premises or anywhere in the hospital grounds.

On the day of surgery

We advise you to have a normal breakfast, or lunch and plenty to drink, before coming to the hospital for a local anaesthetic.

If you are taking medicines, you should continue to take them as usual, unless you have been asked not to by a specialist doctor or consultant and you have this in writing, preferably. Please bring your prescription or medicines with you and show them to the doctor.

Do make use of the toilet facilities before your operation so that you will feel more comfortable throughout your procedure.

How will I feel after surgery?

We recommend that you take painkillers before the numbness of the local anaesthetic wears off, as you may experience some discomfort.

Any mild painkiller that you would normally take for a headache is usually best. Always read and follow the instructions, warnings and dosage on the bottle or packet.

If you are prescribed antibiotics, you must follow the instructions given to you by the medical and pharmacy staff and make sure the course is completed.

Care of your wound after surgery

The medical staff will provide specific advice about aftercare and give you additional written information following your procedure.

If you have had stitches, often these will dissolve and disappear naturally.

Your wound may need to be checked at a follow-up appointment. If stitches need to be removed, we will advise you when and where. Sometimes it will be necessary to make an appointment with a practice nurse at your GP surgery.

If you are worried about your wound during the healing period, contact the Maxillofacial Unit for advice.

Further questions

It is important that you understand what your procedure involves and have talked through any concerns with your doctor before consenting to treatment.

If you have any questions, either before treatment or afterwards, please ask a member of the medical or nursing staff or telephone

Switchboard
Tel: 01342 414000

and ask for the maxillofacial secretary of the consultant named on your appointment letter.

For urgent enquiries out-of-hours, please ask for the maxillofacial doctor on duty.



Please ask if you would like this leaflet in a different format.

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