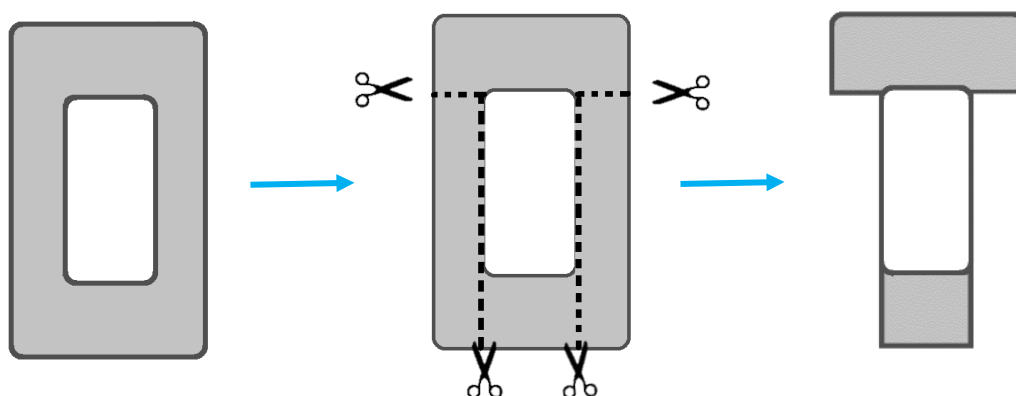


Hand Therapy

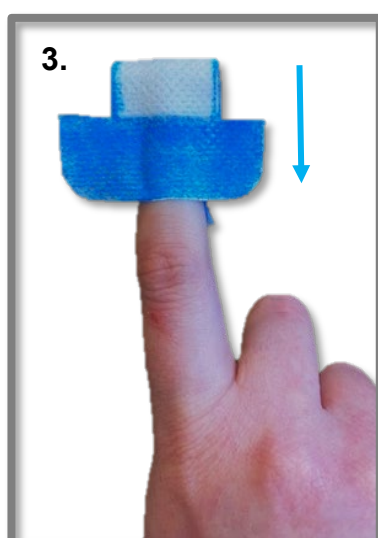
Dressing – Dry, 'T' Shape

Change dressing..... your
.....

1. Cut your dry dressing into a 'T' shape, as shown here.



2. Stick the base of the 'T' on the unaffected side of the finger (see photo below).
3. Bring the top section of the plaster down over the wound and stick it to the opposite side of the finger (see photo below).
4. Fold the edges around the finger to close (see photo below).



To contact us email: qvh.handtherapy@nhs.net

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Information at www.qvh.nhs.uk - Our services/Therapies/Hand Therapy